

Sources of support- Speak up, Speak out

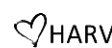
Funded by:
Lancashire
County
Council

- ChildLine, which can be contacted on 0800 1111 or through childline.org.uk

- NSPCC 0808 800 5000 (24 hours)



- Kooth download the app or go to www.kooth.com



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- Broken Rainbow help@brokenrainbow.org.uk
(UK) National LGBT Domestic Violence Service



- www.loverespect.co.uk is Women's Aid's website for young people wanting to work out if their relationship is healthy.



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Hyndburn Youth Group – a fun safe place for young people ages 12 to 19 – every Tuesday at 7pm

Hyndburn and Ribble Valley LGBTQ+ Group – a safe space for support and guidance – every Wednesday at 6pm – 6:45pm

Hyndburn and Ribble Valley Youth Council – every Wednesday at 7pm

Hyndburn's SEN/D Group – for ages 12 to 25 – every Thursday at 7pm



Youth Zone - Lancashire County Council

Targeted Youth Support _ SEND - Community Groups Directory
Youth group for young people aged 12-25 with additional needs.
The Zone, Clitheroe, Wesleyan Row.

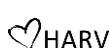


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Funded by:



- **Blackburn with Darwen Young People's Services**
Daisyfield Community Centre
01254298622



Sources of support- Speak up, Speak out



The Zone in Burnley
Whittam Street, Burnley. BB11 1LW
01282 471222



If you need help please call us on [01282 686402](tel:01282686402) or
email – contact@burnleytogether.org.uk
Our phone lines will open from 10am-4pm, Mon-
Fri.

